

# Triathlon Langedijk | Oudkarspel | 19-06-2019

Achtste Triathlon (Individueel) - Uitslag Zwefiloleiden

Pts	StNr	Naam	Woonplaats	Cat	Zwem	#Z	Wis1	#W1	Fiets	#F	NaFiets	#NaF	Wis2	#W2	Loop	#L	Totaal	
9	77	Gijs Molenaar	NIEUWE NIEDORP	M	00:09:51	28	00:00:51	13	00:27:35	21	00:38:16	17	00:00:46	34	00:19:29	6	00:58:30	
19	58	Jan Hof	TUITJENHORN	M	00:10:18	36	00:01:17	67	00:26:45	12	00:38:18	19	00:00:46	35	00:22:06	28	01:01:09	
21	39	Ruud Doodeman	WARMENHUIZEN	M	00:09:23	20	00:00:52	15	00:29:27	61	00:39:41	30	00:00:35	5	00:21:00	16	01:01:15	
23	99	Alan Simmonds	BARSINGERHORN	M	00:11:19	65	00:01:10	55	00:28:07	31	00:40:35	41	00:00:41	16	00:20:32	14	01:01:47	
24	63	Edward Kardinaal	OUDKARSPER	M	00:09:16	16	00:00:46	10	00:28:19	36	00:38:19	20	00:00:53	67	00:22:40	37	01:01:52	
28	219	Cora Kiekens-Klaver	OUDKARSPER	V	00:10:10	34	00:00:57	27	00:28:51	49	00:39:57	33	00:00:44	28	00:21:51	24	01:02:31	
32	56	Niels van der Hoek	WINKEL	M	00:11:38	80	00:00:59	34	00:27:26	19	00:40:03	34	00:01:02	97	00:22:43	38	01:03:47	
35	28	Peter Borst	EENIGENBURG	M	00:11:00	55	00:01:32	99	00:27:58	27	00:40:29	39	00:00:41	17	00:23:06	47	01:04:15	
36	51	Stefan Goselink	OUDKARSPER	M	00:10:16	35	00:01:06	41	00:29:01	51	00:40:22	38	00:00:55	74	00:23:12	49	01:04:28	
38	14	Sten Albracht	NOORD-SCHARWOUDE	M	00:09:03	14	00:01:28	90	00:29:18	58	00:39:48	31	00:00:50	53	00:24:11	72	01:04:48	
43	50	Simon Gootjes	Schagen	M	00:11:01		00:01:09	46	00:28:34	39	00:40:42	42	00:00:48	42	00:23:30	54	01:05:00	
45	275	Sam Albracht	NOORD-SCHARWOUDE	M	00:10:57	54	00:01:26	84	00:28:29	38	00:40:51	43	00:00:47	40	00:23:44	62	01:05:21	clinic
51	44	Gerard Fijnheer	LUTJEWINKEL	M	00:10:56	53	00:01:25	78	00:30:17	80	00:42:37	70	00:00:56	77	00:22:10	30	01:05:42	
54	25	Don Boersen	NOORD-SCHARWOUDE	M	00:09:58	30	00:01:13	60	00:30:05	76	00:41:15	53	00:01:09	112	00:23:32	56	01:05:55	
55	74	Arno Looijen	OUDKARSPER	M	00:11:03	61	00:01:27	87	00:30:06	77	00:42:35	68	00:00:54	71	00:22:34	34	01:06:02	
57	45	Theo van der Fluit	NOORD-SCHARWOUDE	M	00:10:27	43	00:01:38	111	00:29:16	56	00:41:20	56	00:01:05	102	00:23:50	65	01:06:14	
60	67	Roy Kok	NIEUWE NIEDORP	M	00:09:53	29	00:00:56	24	00:30:20	85	00:41:09	48	00:01:02	93	00:24:48	81	01:06:58	
61	206	Annet Roest	ZUID SCHARWOUDE	V	00:11:02	58	00:01:20	70	00:30:56	96	00:43:17	85	00:00:58	80	00:22:48	40	01:07:03	
66	52	Ronald Hauwert	NOORD-SCHARWOUDE	M	00:08:04	4	00:01:32	104	00:31:36	110	00:41:12	49	00:01:05	105	00:25:13	90	01:07:30	
67	279	Bart Winter	KOEDIJK	M	00:10:49	50	00:01:21	73	00:31:11	104	00:43:20	86	00:00:52	62	00:23:28	53	01:07:39	clinic
70	18	Tim Assenbroek	GROET	M	00:12:23	108	00:01:47	127	00:28:47	47	00:42:56	75	00:01:12	121	00:23:52	66	01:07:59	
75	86	Jos van de Pol	SINT MAARTEN	M	00:10:28	44	00:00:58	31	00:29:58	71	00:41:23	57	00:00:55	73	00:26:03	105	01:08:20	
81	223	Eline Rampen	SCHAGERBRUG	V	00:12:07	97	00:01:00	35	00:31:05	102	00:44:11	94	00:00:48	41	00:24:05	68	01:09:02	
84	226	Yoni Pronk	SCHAGEN	V	00:10:53	51	00:00:54	18	00:31:38	111	00:43:24	88	00:00:50	54	00:25:06	88	01:09:20	
86	80	René Olij	HEERHUGOWAARD	M	00:11:30	74	00:01:12	59	00:30:00	73	00:42:40	71	00:00:52	63	00:25:57	101	01:09:29	
87	207	Silvia de Reus-Stoop	WAARLAND	V	00:12:13	103	00:01:15	64	00:30:24	87	00:43:51	90	00:00:46	38	00:24:53	82	01:09:30	
90	205	Kim Albracht-Kardinaal	NOORD-SCHARWOUDE	V	00:11:51	91	00:01:26	86	00:30:34	90	00:43:50	89	00:00:49	44	00:25:51	100	01:10:29	
92	17	Jeroen Anslin	DIRKSHORN	M	00:11:02	59	00:01:26	82	00:32:19	117	00:44:46	98	00:01:02	95	00:25:01	86	01:10:48	
97	209	Lida Deen	WINKEL	V	00:12:46	122	00:01:32	102	00:32:46	123	00:47:04	122	00:00:59	84	00:23:40	60	01:11:42	
99	22	Ben Biersteker	SCHAGEN	M	00:11:01	56	00:01:11	57	00:31:01	99	00:43:11	83	00:01:38	149	00:27:04	114	01:11:53	
102	276	Ard Dekker	CASTRICUM	M	00:14:39	143	00:01:32	101	00:33:46	138	00:49:56	145	00:00:38	11	00:22:10	29	01:12:43	clinic
103	123	Jacco van der Werff	''T VELD	M	00:12:59	125	00:02:07	143	00:30:18	81	00:45:23	109	00:01:20	132	00:26:14	106	01:12:56	
106	214	Amy van der Fluit	NOORD-SCHARWOUDE	V	00:10:25	42	00:01:31	96	00:32:52	124	00:44:47	99	00:01:01	89	00:27:40	122	01:13:26	
114	222	Jo-Ann Kruijer	TUITJENHORN	V	00:11:45	89	00:01:25	79	00:36:38	147	00:49:47	143	00:01:03	99	00:24:15	73	01:15:04	

118	230	Annemiek Suiker	OUDKARPEL	V	00:09:49	26	00:02:13	146	00:33:45	137	00:45:46	114	00:01:09	113	00:28:17	127	01:15:10
133	234	Renée de Vries	GROET	V	00:12:27	111	00:01:40	117	00:34:41	145	00:48:47	136	00:00:54	70	00:27:27	121	01:17:06
137	71	Casey Kruijer	TUITJENHORN	M	00:12:42	119	00:02:37	150	00:34:36	144	00:49:53	144	00:01:41	150	00:27:03	113	01:18:36
148	280	Ronja Winter	KOEDIJK	V	00:13:15	133	00:01:36	109	00:38:25	151	00:53:16	151	00:01:19	131	00:31:23	145	01:25:57 clinic
150	277	Maureen Gootjes	SCHAGEN	V	00:17:15	152	00:01:28	91	00:39:36	152	00:58:18	152	00:01:18	129	00:31:42	146	01:31:17 clinic
152	278	Renate de Rooy	WAARLAND	V	00:15:33	147	00:03:14	153	00:40:02	153	00:58:48	153	00:00:49	47	00:32:32	149	01:32:08 clinic