

| Plaats | Naam                | Club           | Zwemtijd 1 | Looptijd | Loop+Zwemtijd | Zwemtijd 2 | Totaaltijd | Punten CK |
|--------|---------------------|----------------|------------|----------|---------------|------------|------------|-----------|
| H1     | Michael Emmerik     | DTC/Zwefilo    | 00:10:12   | 00:18:32 | 00:28:44      | 00:05:10   | 00:33:53   | 50        |
| H2     | Ruud Doodeman       | Zwefilo        | 00:08:54   | 00:20:26 | 00:29:20      | 00:04:40   | 00:33:59   | 47        |
| H3     | Jochum Zutt         | DTC            | 00:09:53   | 00:19:37 | 00:29:30      | 00:05:05   | 00:34:34   |           |
| H4     | Sander van Staveren | Zwefilo        | 00:09:32   | 00:20:29 | 00:30:01      | 00:05:21   | 00:35:21   | 45        |
| H5     | Jascha de Goede     | Zwefilo        | 00:09:46   | 00:20:55 | 00:30:41      | 00:05:24   | 00:36:05   | 44        |
| H6     | Ronald Hummelink    | DTC            | 00:09:49   | 00:21:58 | 00:31:47      | 00:04:58   | 00:36:45   |           |
| H7     | Maarten Kamsma      | Zwefilo clinic | 00:10:38   | 00:21:22 | 00:32:00      | 00:05:18   | 00:37:18   | 43        |
| H8     | Peter Borst         | Zwefilo        | 00:09:35   | 00:23:25 | 00:33:00      | 00:04:54   | 00:37:53   | 42        |
| H9     | Frank Brink         | DTC            | 00:10:43   | 00:22:01 | 00:32:44      | 00:05:28   | 00:38:12   |           |
| H10    | Sander Bergers      | DTC            | 00:10:19   | 00:23:39 | 00:33:58      | 00:05:20   | 00:39:17   |           |
| H11    | Kasper de Vos       | DTC            | 00:11:40   | 00:21:48 | 00:33:28      | 00:05:54   | 00:39:21   |           |
| D1     | Carla Broers        | DTC            | 00:09:08   | 00:25:43 | 00:34:51      | 00:04:37   | 00:39:27   |           |
| H12    | Rene Mulder         | DTC            | 00:10:42   | 00:24:19 | 00:35:01      | 00:05:11   | 00:40:11   |           |
| D2     | Ronja Winter        | Zwefilo        | 00:09:35   | 00:25:37 | 00:35:12      | 00:05:05   | 00:40:17   | 50        |
| H13    | Bart Winter         | Zwefilo        | 00:11:04   | 00:24:04 | 00:35:08      | 00:05:26   | 00:40:33   | 41        |
| H14    | Michael Nijholt     | Zwefilo clinic | 00:12:27   | 00:22:22 | 00:34:49      | 00:05:52   | 00:40:40   | 40        |
| H15    | Rene de Groot       | Zwefilo clinic | 00:13:47   | 00:20:32 | 00:34:19      | 00:06:25   | 00:40:44   | 39        |
| H16    | Mark van der Horst  | DTC            | 00:10:36   | 00:24:56 | 00:35:32      | 00:05:54   | 00:41:25   |           |
| D3     | Lonneke Schipper    | DTC            | 00:10:25   | 00:27:34 | 00:37:59      | 00:05:22   | 00:43:21   |           |
| D4     | Miriam Overgaag     | DTC            | 00:12:56   | 00:25:58 | 00:38:54      | 00:06:11   | 00:45:05   |           |
| H17    | Wim Suiker          | Zwefilo        | 00:13:47   | 00:26:22 | 00:40:09      | 00:07:07   | 00:47:16   | 38        |
| D5     | Inge Hoytink        | DTC/Zwefilo    | 00:10:54   | 00:31:07 | 00:42:01      | 00:05:50   | 00:47:51   | 47        |
| H18    | Leo Kaster          | DTC clinic     | 00:16:19   | 00:24:29 | 00:40:48      | 00:08:28   | 00:49:15   |           |
| D6     | Emmy Glas           | DTC clinic     | 00:14:03   | 00:34:06 | 00:48:09      | 00:07:15   | 00:55:23   |           |